

# COLVILLE ACUPUNCTURE

106 S Main St, Colville, WA 99114

Anne Cranston, LAc/EAMP/MaCOM



509.675.0062



[www.colville-acupuncture.com](http://www.colville-acupuncture.com)

---

## CONSENT FOR TREATMENT

I authorize **Anne Cranston, LAc, EAMP** of **Colville Acupuncture** to provide nutritional and lifestyle guidance and to perform the following specific procedures:

**Acupuncture:** Acupuncture involves the insertion of special sterilized needles through the skin into underlying tissues at specific points on the body. Because the needles are sterile and are only used one time, it is not necessary to swab the skin with alcohol prior to insertion; however, feel free to request this.

**Herbal prescriptions:** Herbs may be prescribed for internal or external use. Internal herbs may be given as powders, pills, tinctures, or raw herbs to be cooked. External herbs may be in the form of salves, medicated oils, or washes. Vitamins and dietary supplements may also be recommended. Herbal formulas may include shell, mineral, and animal products. If you do not want animal-based products used in your formula, please notify your practitioner.

**Tuina:** Tuina is a form of bodywork that incorporates specific hand techniques, acupressure, and isolated stretching. Tuina involves close physical contact; the practitioner may be on the treatment table with the patient for some of the treatment. The patient is clothed during tuina. If you are being treated with tuina, please make sure that your practitioner is aware of any specific musculoskeletal complaints you have, and any other medical conditions for which you have sought treatment.

**Cupping:** Cups made of glass or plastic are placed on or moved along the skin, with a vacuum suction created by heat or mechanical device. Some bruising may result.

**Moxabustion:** Moxa is a substance obtained from the dried leaves of an Asian plant related to mugwort. It is burned on or near the skin at an acupuncture point to create a warming effect and help with a variety of medical conditions. A mild skin burn may result.

**Gua Sha:** Gua Sha involves rubbing or scraping a body area with a blunt, round instrument. Some bruising may result.

## **I RECOGNIZE THE POTENTIAL RISKS AND BENEFITS OF THESE PROCEDURES AS DESCRIBED BELOW:**

**Potential risks:** Discomfort, pain, infection or blistering at the site of the procedure; temporary discoloration of skin; nausea; loose bowel movements; abdominal cramping; and aggravation of symptoms existing prior to the acupuncture treatment. Treatment may also result in other side effects.

**Potential benefits:** Drugless relief of presenting symptoms and improved balance of bodily energies, which can lead to prevention or elimination of the presenting problem and strengthen the overall constitution.

With this knowledge, I voluntarily consent to treatment and the above procedures, realizing no guarantees have been made by Colville Acupuncture regarding cure or improvement of my condition. I hereby release Anne Cranston and Colville Acupuncture from all liability which may occur in connection with this and all following treatments, except for failure to provide appropriate medical care. I understand I am free to withdraw my consent and to discontinue treatments at any time.

Signature: \_\_\_\_\_  
(If patient is a minor, please have parent /guardian sign)

Date: \_\_\_\_\_

Clinician: \_\_\_\_\_  
Anne Cranston, LAc, EAMP, Washington State Acupuncture License #AC 60621323

Date: \_\_\_\_\_